



ORIGINAL GARMENT: 97cm

To Fit Chest:	87cm	92cm	97cm	102cm
Actual Garment Measurements - Chest:	100cm	105cm	110cm	115cm
Length to Shoulder:	60cm	63cm	64cm	66cm
Sleeve Seam:	43cm	45cm	46cm	47cm

MATERIALS:

8(9;10;11) balls **SOUL** 50g colour 7119
One pair each 2,5mm and 3mm knitting needles.
One stitch holder.

TENSION:

38sts x 45 rows = 10cm over Diagonal Rib pattern using 3mm needles.
32sts x 42 rows = 10cm over 4 x 4 Rib pattern (slightly stretched) using 3mm needles.

ABBREVIATIONS:

alt - alternate
beg - begin(ning)
cont - continue
dec - decrease
fol(s) - follow(s)ing
inc(s) - increase(s)
k - knit
patt(s) - pattern(s)
p - purl
rem - remain(ing)
rep - repeat
rev - reverse
R(W)S - right(wrong) side
R(W)SF - right(wrong) side facing
R(W)SR - right(wrong) side row
RW - ribwise
st(s) - stitch(es)
tog - together

STICHES USED:

SINGLE RIB PATTERN:

1st row: K1, *p1, k1, rep from * to end.
2nd row: P1, *k1, p1, rep from * to end.
Rep these 2 rows.

4 x 4 RIB PATTERN:

1st row: K4, *p4, k4, rep from * to end.
2nd row: P4, *k4, p4, rep from * to end.
Rep these 2 rows.

DOUBLE RIB PATTERN:

1st row: P2, *k2, p2, rep from * to end.
2nd row: K2, *p2, k2, rep from * to end.
Rep these 2 rows.

DIAGONAL RIB PATTERN 1:

(Multiple of 4sts)
1st row: RSF, *p2, k2, rep from * to end.
2nd row: As 1st row.
3rd row: P1, *k2, p2, rep from * to last 3sts, k2, p1.
4th row: K1, *p2, k2, rep from * to last 3sts, p2, k1.

5th row: *K2, p2, rep from * to end.

6th row: As 5th row.

7th row: As 4th row.

8th row: As 3rd row.

Rep these 8 rows to form pattern.

DIAGONAL RIB PATTERN 2:

(Multiple of 4sts)

1st row: RSF, *k2, p2, rep from * to end.

2nd row: As 1st row.

3rd row: K1, *p2, k2, rep from * to last 3sts, p2, k1.

4th row: P1, *k2, p2, rep from * to last 3sts, k2, p1.

5th row: *P2, k2, rep from * to end.

6th row: As 5th row.

7th row: As 4th row.

8th row: As 3rd row.

Rep these 8 rows to form pattern.

BACK:

Using 2,5mm needles cast on 189(197;205;213)sts and work in Single rib patt (SEE STS USED) for 6(7;7;7)cm ending with a RSR. Next row, inc row: Rib one row on WS, inc 1 st in centre of row = 190(198;206;214)sts. Change to 3mm needles and work in patt as folls: Work 88(92;96;100)sts Diagonal Rib Patt 1 (SEE STS USED), work next 14sts in Double Rib patt (SEE STS USED), beg and ending with P2, work 88(92;96;100)sts Diagonal Rib Patt 2 (SEE STS USED).

Cont straight in patt as now set and when work measures 39(41;41;42)cm from beg ending with a WSR, **SHAPE ARM-HOLES:** Cast off 9(9;10;10)sts at beg of next 2 rows, then cast off 3sts at beg of foll row 8(8;8;10) times, 2sts at beg of foll 2 rows, then dec 1 st (= work 2tog) at each end of every foll alt row 1(2;3;2) times = 142(148;152;156)sts.

Cont straight in patt as before until work measures 52(55;55;57)cm from beg ending with a RSR.

Next row, dec row: Work one row on WS, dec 26(24;28;24)sts evenly across row = 116(124;124;132)sts.

Next row: RSF, now work in 4 x 4 Rib patt until work measures 60(63;64;66)cm from beg ending with a WSR, **SHAPE SHOULDERS:** Cast off 10(11;11;12)sts at beg of next 4 rows, 9(11;10;12)sts at beg of

foll 2 rows = 58(58;60;60)sts. Cast off rem sts.

FRONT:

Work as for back and when work measures 54(57;58;59)cm from beg ending with a WSR, **SHAPE NECK:** Rib 45(49;48;52)sts and leave these sts on a holder, cast off centre 26(26;28;28)sts for neck opening and cont on rem sts for left side of work.

LEFT SIDE: Work one row. Cast off 3sts at beg (neck edge) of next and at same edge of foll alt row 5 times in all, then dec 1 st (= work 2tog) at beg of foll alt row = 29(33;32;36)sts.

Cont straight and when work measures 60(63;64;66)cm from beg ending with a RSR, **SHAPE SHOULDERS:** Cast off 10(11;11;12)sts at beg of next and foll alt row = 9(11;10;12)sts. Work one row, then cast off rem sts. **RIGHT SIDE:** WSF, rejoin yarn at neck edge, pick up sts from holder and work as for left side, rev shapings.

SLEEVES (Both Alike):

Using 2,5mm needles cast on 79(83;85;91)sts and work in Single rib patt for 6(7;7;7)cm ending with a RSR. Next row, inc row: Rib one row on WS, inc 1 st in centre of row = 80(84;86;92)sts.

Change to 3mm needles and work in 4 x 4 Rib Patt as folls: P2(0;1;0)sts, *k4, p4, rep from * to last 2(0;1;0)sts, p2(0;1;0)sts. Next row: K2(0;1;0)sts, *p4, k4, rep from * to last 2(0;1;0)sts, k2(0;1;0)sts. Cont in patt as now set inc sts to form 4 x 4 rib, inc 1 st at each end of next and every foll 6th row 1(4;14;15) times in all, then every foll 8th row 18(16;9;9) times = 118(124;132;140)sts.

Cont straight in patt and when work measures 43(45;46;47)cm from beg ending with a WSR, **SHAPE TOP OF SLEEVE:** Cast off 9(9;10;10)sts at beg of next 2 rows, then cast off 3sts at beg of foll 8(10;10;14) rows, cast off 2sts at beg of foll 4(2;2;2) rows, then 1 st at each end of every foll alt row 22(24;26;24) times = 24(24;26;26)sts.

Cast off rem sts.

TO MAKE UP:

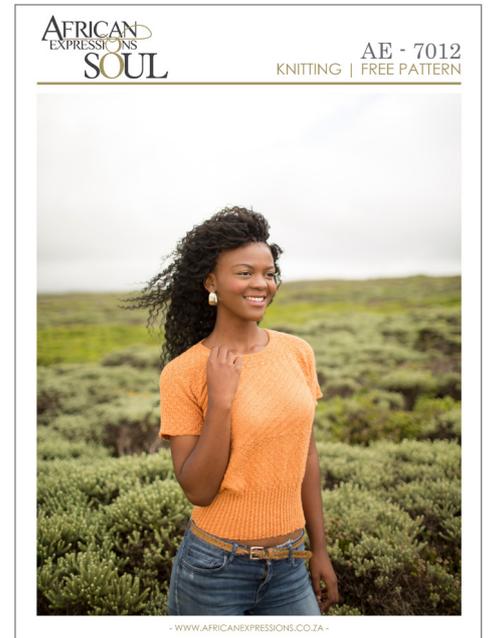
Sew right shoulder seam.

NECKBAND: RSF, using 2,5mm needles, pick up and k91(91;95;99)sts around neck opening of front and 58(58;60;60) sts across back neck = 149(149;155;159) sts . Work in Single Rib patt for 3cm ending with a WSR. Cast off all sts RW. Sew left shoulder seam and neckband ends. Set in sleeves. Sew up side and sleeve seams. Block garment to measurement, cover with a damp cloth and allow to dry.



OTHER AVAILABLE SOUL PATTERNS:

FREE to download from our website.



PATTERNS

FREE TO DOWNLOAD

AFRICAN EXPRESSIONS
CURIOSITY AE - 12001
KNITTING | FREE PATTERN



- WWW.AFRICANEXPRESSIONS.CO.ZA -

AFRICAN EXPRESSIONS
INSPIRE AE - 11008
KNITTING | FREE PATTERN



- WWW.AFRICANEXPRESSIONS.CO.ZA -

AFRICAN EXPRESSIONS
JOY AE - 1017
KNITTING | FREE PATTERN



- WWW.AFRICANEXPRESSIONS.CO.ZA -

AFRICAN EXPRESSIONS
FREEDOM AE - 5017
CROCHET | FREE PATTERN



- WWW.AFRICANEXPRESSIONS.CO.ZA -

AFRICAN EXPRESSIONS
JOY AE - 1018
KNITTING | FREE PATTERN



- WWW.AFRICANEXPRESSIONS.CO.ZA -

AFRICAN EXPRESSIONS
JOY AE - 1020
CROCHET | FREE PATTERN



- WWW.AFRICANEXPRESSIONS.CO.ZA -

- WWW.AFRICANEXPRESSIONS.CO.ZA -

This leaflet is sold on condition that it is used for non-commercial purposes only, and may not be reproduced or copied either by photocopying or in any other way. Unless yarn specified is used, African Expressions cannot accept the responsibility for the finished work. Owing to printing restrictions the colour reproduction is matched as closely to the yarn as possible. All rights are expressly reserved by African Expressions.
Pattern Writer: Marelie Hurter | Stylist: Roxanne Maddocks | Location: Port Elizabeth | Make-up: Marike de Groot
Photography: Eclipse Photography | Model: Nicholas Bakker