

AFRICAN
EXPRESSIONS
FREEDOM

AE - 5008
KNITTING | FREE PATTERN



ORIGINAL GARMENT: 87cm.

MATERIALS:

10(11,12,13) Balls **FREEDOM** 50g
Colour - 5057

3.25mm Knitting needles
4mm Knitting needles
4mm Circular knitting needle 120cm long
Cable needle
Stitch holder

TENSION:

26sts x 29 rows = 10cm over cable pattern
using 4mm knitting needles.

MEASUREMENTS:

To fit Bust: 82(87,92,97)cm
Length to Shoulder: 42(43,44,45)cm
Sleeve Seam: 46cm

ABBREVIATIONS:

alt – alternate, **beg** – begin(ning),
cont – continue, **C4B(C4F)** – slip next 2 sts
onto cable needle, hold at back (or front)
of work, knit next 2 sts from left-hand
needle, then knit sts from cable needle,
dec – decrease, **k2tog** – knit 2 sts together
folll(s) – follow(s)ing, **inc(s)** – increase(s),
k – knit, **n(s)** - needle(s), **patt(s)** – pattern(s),
p – purl, **rem** – remain(ing), **rep** – repeat,
R(W)SF – right (wrong) side facing,
R(W)SR – right (wrong) side row, **RW** –
ribwise, **st(s)** – stitch(es), **tog** - together

PATTERN:

BACK:

Using 4mm ns, cast on 100(114,128,142)sts.
P one row (WSR).

1st Row: P2, k2, *p1, c4f, k2, p1, k2, p2, k2*
rep *-* to last 12sts, p1, c4f, k2, p1, k2, p2.

2nd Row: K2, p2, *k1, p6, k1, p2, k2, p2* rep
- to last 12sts, k1, p6, k1, p2, k2.

3rd Row: P2, k2, *p1, k6, p1, k2, p2, k2* rep
- to last 12sts, p1, k6, p1, k2, p2.

4th Row: Rep 2nd row.

5th Row: K2, p2, * p1, k2, c4b, p3, k2, p2*
rep *-* to last 12sts, p1, k2, c4b, p3, k2.

6th Row: P2, k2, *k1, p6, k3, p2, k2* rep *-*
to last 12sts, k1, p6, k3, p2.

7th Row: K2, p2, *p1, k6, p3, k2, p2* rep *-*
to last 12sts, p1, k6, p3, k2.

8th Row: Rep 6th Row.

These 8 rows set patt st. Rep until work
measures 16cm (= 46 rows) end with WSR.

SHAPE ARMHOLES:

Cast off 6(7,8,9)sts at beg of next 2 rows
= 88(100,112,124)sts. (RSF), dec one st at
each end of next row then 3(5,7,9)alt rows
= 80(88,96,104)sts. Cont straight until work
measures 36(37,38,39)cm end with WSR.

SHAPE NECK AND SHOULDERS:

Patt 24(27,29,32)sts, place rem 56(61,67,72)

sts on stitch holder, turn. (WSR), dec one
st at neck edge on next then follow 3
rows at the same time (cast off 7(8,8,9)
sts, shoulder, work one row) twice. Cast
off rem 6(7,9,10)sts. (RSF), leave centre
32(34,38,40)sts on holder, rejoin yarn to
rem 24(27,29,32)sts, k2tog, patt to end.
Shape as for right back.

LEFT FRONT:

Cast on 24(30,38,44)sts, p one row (WSR).
Set patt as foll.

1st Row: **1st Size:** P2, k2, p1, c4f, k2, p1, k2,
p2, k2, p1, c4f, k1.

2nd Size: P2, k2, p1, c4f, k2, p1, k2, p2, k2,
p1, c4f, k2, p1, k2, p2.

3rd Size: P2, k2, *p1, c4f, k2, p1, k2, p2, k2*
rep *-* once more, p1, k2, p2, k1.

4th Size: P2, k2, * p1, c4f, k2, p1, k2, p2, k2*
rep *-* once more, p1, k2, p2, k1, c4f,
cont in patt working extra sts into patt.

2nd Row: Cast on 4sts, patt to end.

3rd Row: Patt.

4th Row: Cast on 3sts, patt to end.

5th Row: Patt.

6th Row: Rep 4th Row. (= 34(40,48,54)sts)
(RSF), keep patt correct **inc one st at
end (front edge) of this row, then foll alt
rows 7 times = 42(48,56,62)sts. Then foll 4th
rows twice = 44(50,58,64)sts then foll 6th
rows twice = 46(52,60,66)sts Work 5 rows
straight ** (= 46 rows).

SHAPE ARMHOLE (RSF):

Cast off 6(7,8,9)sts, patt to end =
40(45,52,57)sts. Patt one row.

Next Row: (RSF), k2tog patt to last 2 sts,
k2tog. Cont in patt dec one st at armhole
edge on foll 3(5,7,9)alt rows, at the same
time, dec one st at front edge every 4th
row 10(10,7,7)times, then every 3rd row
5(5,11,11)times = 20(23,25,28)sts. Cont
straight until work measures same as back
to shoulder shaping end with WSR. (RSR for
right front. Cast off 7(8,8,9)sts on next then
foll alt row. Work one row. Cast off rem
6(7,9,10)sts.

RIGHT FRONT:

Cast on 24(30,38,44)sts, p one row (RSF).

1st Row: Cast on 4sts.

1st Size: K2, p1, c4f, k2, p1, k2, p2, k2, p1,
c4f, k2, p1, k2, p2.

2nd Size: K1, p1, k2, p2, k2, p1, c4f, k2, p1,
k2, p2, k2, p1, c4f, k2, p1, k2, p2.

3rd Size: K2, *p1, c4f, k2, p1, k2, p2, k2,* rep
- once more, p1, c4f, k2, p1, k2, p2.

4th Size: K1, p1, k2, p2, k2, *p1, c4f, k2, p1,
k2, p2, k2* rep *-* once more, p1, c4f, k2,
p1, k2, p2.

2nd Row: Patt.

3rd Row: Cast on 3sts, patt to end.

4th Row: Patt.

5th Row: Rep 3rd row = 34(40,48,54)sts (WSF),

work ** - ** as for left front.

SHAPE ARMHOLE:

(WSF)Cast off 6(7,8,9)sts patt to end =
40(45,52,57)sts.

Next Row: (RSF), k2tog patt to last 2sts,
k2tog. Cont in patt dec one st at armhole
edge on foll 3(5,7,9)alt rows, at the same
time dec one st at front edge every 4th
row 10(10,7,7)times then every 3rd row
5(5,11,11)times = 20(23,25,28)sts. Cont
straight until work measures same as back
shoulder shaping end with RSR. Cast off
7(8,8,9)sts on next then foll alt row, work
one row, cast off rem 6(7,9,10)sts.

SLEEVES: (BOTH ALIKE)

Using 3.25mm nes, cast on 54(58,58,62)sts.

1st Row: K2, *p2, k2* rep to end.

2nd Row: P2, *k2, p2* rep to end.

Rep last 2 rows for 6cm end with RSR.

Next Row: P, inc 2sts on 1st & 3rd Size =
56(58,60,62)sts. Change to 4mm ns.

1st Row: **1st Size:** P1, k2, *p1, c4f, k2, p1, k2,
p2, k2* rep *-* 3 times, p1, c4f, k2, p1, k2,
p1.

2nd Size: P2, k2, *p1, c4f, k2, p1, k2, p2, k2*
rep *-* 3 times, p1, c4f, k2, p1, k2, p2.

3rd Size: K1, p2, k2, *p1, c4f, k2, p1, k2, p2,
k2* rep *-* 3 times, p1, c4f, k2, p1, k2, p2,
k1.

4th Size: K2, p2, k2, *p1, c4f, k2, p1, k2, p2,
k2* rep *-* 4 times.

Next Row: (WSF), patt. Inc one st each end
then each end of foll 10th(8th,6th,6th)rows
10(14,17,18)times = 78(88,96,100)sts. Cont
in patt until work measures 46cm end with
WSR.

SHAPE TOP:

Cast off 6(7,8,9)sts at beg of next 2rows =
66(74,80,82)sts. Dec one st at each end
of next then foll 15(16,17,18)alt rows =
34,(40,44,44)sts. Patt one row. Dec one st
at each end of next 6rows = 22(28,32,32)
sts. Cast off 5(7,8,8)sts at beg of next 2
rows. Cast off rem 12(14,16,16)sts.

FINISHING:

Sew shoulder seams, set in sleeves. Sew
sleeves and side seams.

EDGING:

(RSF), using 4mm circular n, starting at left
shoulder seam, pick up k140(148,154,160)
sts down left front edge. K92(106,118,132)
sts across back, k140(148,154,160)sts up
right front edge, 6sts down right back
neck, 32(34,38,40)sts from st holder, 6sts up
left back side of neck = 416(448,476,504)
sts. Work in rnds of k2, p2 rib for 6cm, cast
off RW.

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