

AFRICAN
EXPRESSIONS
HARMONY

AE - 2010
KNITTING | FREE PATTERN



ORIGINAL GARMENT: 81 – 86cm.

MATERIALS:

13(15,15) Balls **HARMONY** 50g
Colour - 2538

4.5mm Knitting needles
5.5mm Knitting needles
4.5cm Circular knitting needle

MEASUREMENTS:

To fit bust 81-86(91-97,97-102)cm

TENSION:

18 sts x 24 rows = 10cm stocking stitch
using 5.5mm knitting needles.

ABBREVIATIONS:

beg - beginning
cont - continue
dec - decrease
fol - following
inc - increase
k - knit
n(s) - needle(s)
p - purl
rep - repeat
RSF - right side facing
rev - reverse
skpo - slip one, k one, pass sl st over
st st - stocking stitch
st(s) - stitch(es)
tbl - through back of loop
tog - together
WSF - wrong side facing
yrn - yarn round needle

STITCHES USED:

Stocking stitch:
RSF: K. WSF: P.

Double rib:

RSF: K2, p2. WSF: P2, k2.

Mock cable rib:

1st – 3rd Rows: Double rib.

4th Row: (RSF), k2, (p2, skpo, yrn) to last 4sts
- p2, k2.

5th Row & all WSF rows: Work sts as set.

6th Row: K2 (p2, leave yarn at front of
work, k2tog) to last 4 sts – p2 k2.

8th Row: Rep 4th row.

Rep 1st - 8th row once more.

Work 2 rows in **double rib**.

Cast off loosely in rib.

PATTERN:

BACK:

Using 4.5mm ns cast on 88(96,104)sts.
Work in **double rib** for 6 rows inc 2sts in 6th
row (90,98,106)sts.

Change to 5.5mm ns and work in st st until
work measures 50(52, 52)cm from beg.

RSF cast off 5sts at beg of next 2 rows for
armhole. Cont without shaping until back
measures 75(78,78)cm.

Cast off center 28(30,32)sts for neck.
Leave rem 26(29,32)sts on each side for
shoulders.

RIGHT FRONT:

Using 4.5mm ns cast on 44(48,52)sts. Work
6 rows in **double rib** inc 3sts in last row
47(51,55)sts. Change to 5.5mm ns and
work in st st until work measures 40(42,42)
cm from beg.

V-SHAPING:

RSF dec Row: K1, k2tog tbl, k to end.

Work 5 rows st st.

Rep last 6 rows until there are 26(29,33)sts
left at the same time when work measures
50(52,52)cm cast off 5sts for armhole.
Leave 26(29,32)sts on a spare needle.

LEFT FRONT:

Work as for right front rev all shapings.

JOIN SHOULDERS:

3 n(s) cast off method.

Shoulder sts on separate ns.

With RSF use the 3rd n to *(k1 st from front
and 1st st from back tog)*. Rep *-*, 2sts on
right hand n, sl 2nd st on right hand n over
1st st, rep until all sts have been cast off.

SLEEVES:

Using 4.5mm ns cast on 44(48,48)sts.

Work 6rows in **double rib**. Change to
5.5mm ns and st st 2 rows.

Inc 1st each end of next row and every
following 4th row to 86(90,90)sts. Cont until
sleeve measures 50(52,52)cm. Cast off
WS.

FRONT BAND:

Using 4.5mm circular ns and RSF pick up
14sts ever 10cm making sure your end
with a multiple of 4sts plus 2 extra sts.

Work band in patt given for mock cable
rib.

Block garment and sew up.



OTHER AVAILABLE HARMONY PATTERNS:
FREE to download from our website.



SAMIL

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